



SHROPSHIRE CYCLING CLUBS ASSOCIATION
*Incorporating West Cheshire Time Trials Cycling Association
And Manchester & District TTA 100 Mile Championship
Including the Friction and Hydraulic Services Shropshire Championship
Points Series Round 12 of 16
The Brian Mears (Bricks) Ltd Shropshire Championship 100*



Promoted for and on behalf of Cycling Time Trials under it's Rules and Regulations

Open 100 Miles Time Trial

Sunday 14th July 2019

Start Time: 06:07 (first rider)

Timekeepers: Kate Wooder and Dominic McGuiness

Course D100/6A

This year's event will be run over revised version of the course used for last year's event. The start will be at Market Drayton and will comprise three laps of Market Drayton – Shawbirch - Market Drayton via the A53 and A442 and then a final leg along the A53 once more to the new finish approaching Espley RAB.

Headquarters

Headquarters are at Wollerton Bowls and Social Club, Wollerton, near Hodnet, Shropshire, postcode TF9 3NE and will be open from 5am.

There is a reasonable amount of parking on site but an overflow car park will be available in the field adjacent to Wollerton United Reformed Church approx. 400 yds. from the HQ (signposted).

Please do not wear wearing cycling shoes inside the headquarters.

Directions to HQ – On A53 approx. 2.1 miles from Tern Hill RAB towards Espley RAB, turn right at sign for Wollerton. Follow lane for 0.6 mile and on entering Wollerton village, turn right at circular brick animal pound and follow Mill Lane for 0.3 mile over old railway bridge and HQ is immediately on your right. If travelling from Espley RAB, Wollerton lane turn is after approx. 1.2 miles on the left.

Event HQ is approximately 4.5 miles from the start. To reach the start, turn right out of the Club driveway to Wollerton crossroads (approx. 200yds). Turn right onto Drayton Road and proceed for 1.2 miles to Lostford Turn. Turn left onto the A53 to Tern Hill RAB and proceed straight across on A53 via Müller RAB and Drayton Meadows RAB to Market Drayton RAB. Encircle RAB and retrace for approx. 300ys to the start. There may not be marshals in place at Tern Hill RAB before the start of the event but arrows will be in place to give directions to the start. **Be aware that you may be riding directly into the early morning sun to reach the start so take extra care.**

Numbers, results and refreshments after the event will be available at the headquarters.

Awards

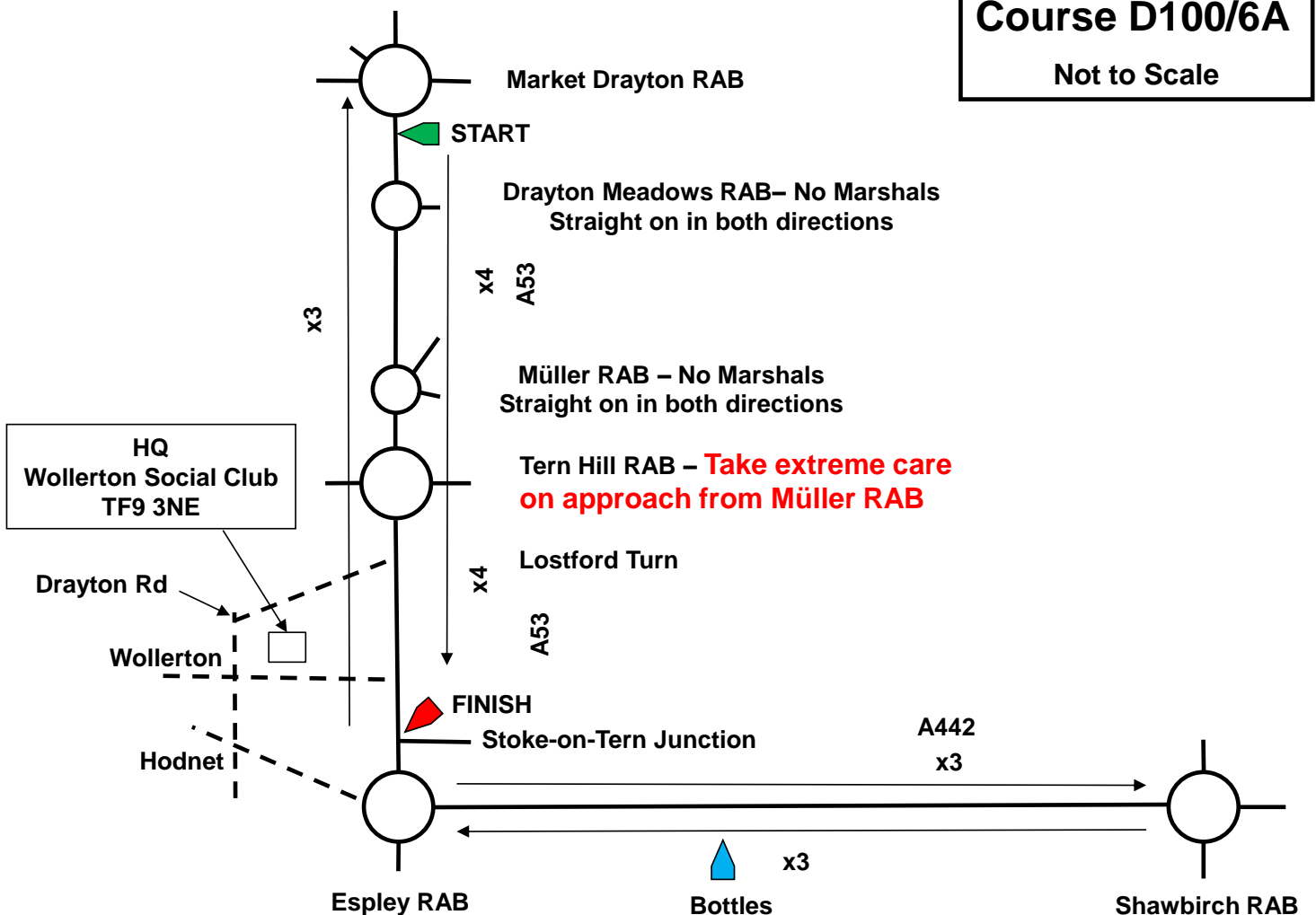
Please Note: - One Rider - One Prize Rule Applies – except Team Prize.

<u>Place</u>	<u>Group A</u>	<u>Group B</u>	<u>Group C</u>	<u>Women</u>	<u>Vet On Standard</u>
1 st	£40	£25	£25	£40	£40
2 nd	£30	£15	£15	£30	£30
3 rd	£20	£10	£10	-	£20

<u>1st Team</u>	£45	(£15 per rider)
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Course Description

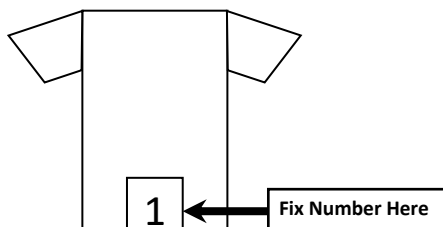
Location	Direction	Intermediate Distance	Total Distance
Start	Start at drain cover at west end of lay-by on A53 approx 300yds west of Market Drayon RAB	0	0
Circuit 1	Proceed west on A53 through Drayton Meadows RAB and Müller RAB to Tern Hill RAB	2.83	2.83
	Take 2nd exit and proceed along A53 to Espley RAB	3.32	6.15
	Take 1st exit and proceed along A442 to Shawburch RAB	9.43	15.59
	Encircle RAB and retrace on A442 to Espley RAB	9.40	24.98
	Take 3rd exit and retrace on A53 to Tern Hill RAB	3.37	28.35
	Take 2nd exit and proceed on A53 through Müller RAB and Drayton Meadows RAB to Market Drayton RAB junction with A529	2.97	31.32
Circuit 2	Encircle RAB and proceed west on A53 through Drayton Meadows RAB and Müller RAB to Tern Hill RAB	3.06	34.37
	Take 2nd exit and proceed along A53 to Espley RAB	3.32	37.70
	Take 1st exit and proceed along A442 to Shawburch RAB	9.43	47.13
	Encircle RAB and retrace on A442 to Espley RAB	9.40	56.53
	Take 3rd exit and retrace on A53 to Tern Hill RAB	3.37	59.89
	Take 2nd exit and proceed on A53 through Müller RAB and Drayton Meadows RAB to Market Drayton RAB junction with A529	2.97	62.86
Circuit 3	Encircle RAB and proceed west on A53 through Drayton Meadows RAB and Müller RAB to Tern Hill RAB	3.06	65.92
	Take 2nd exit and proceed along A53 to Espley RAB	3.32	69.24
	Take 1st exit and proceed along A442 to Shawburch RAB	9.43	78.67
	Encircle RAB and retrace on A442 to Espley RAB	9.40	88.07
	Take 3rd exit and retrace on A53 to Tern Hill RAB	3.37	91.44
	Take 2nd exit and proceed on A53 through Müller RAB and Drayton Meadows RAB to Market Drayton RAB junction with A529	2.97	94.40
Finish	Encircle RAB and proceed west on A53 through Drayton Meadows RAB and Müller RAB to Tern Hill RAB	3.06	97.46
	Take 2nd exit and proceed along A53 to finish immediately before junction to Stoke-on-Tern	2.74	100.20



Competitors Notes – Please read carefully

SIGNING-ON and EVENT CONDUCT

Each competitor must sign on when collecting numbers at the HQ and then sign off after completing the event and return their number. Any rider not signing off within a reasonable time of the finish of the event will be recorded as Did Not Finish. THIS IS A CTT REQUIREMENT



Large numbers must be fixed to the lower back area as shown below. Arm numbers will be provided to aid marshals, checkers and timekeepers. Please wear them on the front of your left upper arm and make sure they are visible to race officials. Any rider whose numbers are not clearly visible to checkers and timekeepers may not be given a time.

DO NOT use the A53 westbound for warming up and do not pass the start timekeeper once you have reached the start and are waiting for your start time. You can use the Drayton Road (old A53) from Hodnet through Wollerton to Lostford Turn) to warm up but PLEASE DO NOT MAKE ANY NOISE ANYWHERE NEAR RESIDENCES, particularly in Wollerton and Hodnet villages.

DO NOT make U-Turns anywhere between Drayton Meadows RAB and Market Drayton RAB.

There will be number checkers at Market Drayton and Shawbirch RABs. Any rider whose number is not visible to the timekeeper and checkers may not be given a finishing time. Remember to shout your number at the finish.

No times will be given by timekeepers at the finish; these will be displayed at HQ.

TERN HILL ROUNDABOUT – IMPORTANT

The event crosses Tern Hill RAB seven times during the event with a further crossing required to get from the HQ to the start. It is the intersection of the A41 and A53 trunk roads and IT IS A VERY BUSY JUNCTION, particularly from mid-morning onwards.

The approach from Müller RAB is slightly downhill and can be very fast. Traffic crossing the RAB has very limited visibility of riders approaching along the course, particularly on the westbound approach from Müller RAB as there is a large house on the left corner, directly on Tern Hill RAB. All riders must approach Tern Hill from both directions with extreme caution and be prepared to give way to traffic on the RAB. Drivers approaching along the A41 in either direction may have already committed themselves to moving before seeing riders approaching from Müller RAB, so do not ride in anyway which causes possible conflict or impedes other traffic.

Also, there may be queuing traffic on the race route approaching Tern Hill RAB. Competitors must not ride in a way as to impede or cause annoyance to other road users and must not overtake or pass other traffic if it is unsafe to do so.

CTT OBSERVERS will be at Tern Hill RAB and any rider judged to have impeded or obstructed traffic will be penalised with possible disqualification from the event and disciplinary action. The use of the course for future events may also be reviewed.

**REMEMBER - IT'S YOUR EVENT
DON'T DO ANYTHING TO JEOPARDISE IT OR BRING THE SPORT INTO DISREPUTE**

AFTER THE FINISH

After crossing the finish, continue along A53 westbound to Espley RAB once more where turn RIGHT to Hodnet village. At the top of the village, bear right (by the Bear Hotel!) and continue for approx. 1 mile to Wollerton crossroads where turn right again back to the HQ.

DOPING CONTROL

The event may be subject to Doping Control. It is your responsibility to check whether or not you are required for Doping Control. Race numbers required for Doping Control will be displayed adjacent to the results board. If your number is displayed, you must report immediately to Doping Control which will be nearby.

REGULATION 22C - USE OF MOTOR VEHICLES

In accordance with Regulation 22, riders are permitted support from a motorised vehicle and its occupants, to assist with a competitor's reasonable feeding and other requirements as the event distance exceeds 100km. See CTT Handbook for details

All support vehicles must be registered with the Event Secretary (or via the Signing On Steward) before or by the competitors start time using the Riders Supporting Vehicle Form, available from the CTT website at:

<http://www.cyclingtimetrials.org.uk/Forms>

A supply of blank forms will also be available at signing-on.

Riders with their own support may be given bottles and food at any safe part of the course but must not stop on the carriageway and must not impede other riders, officials or traffic at the drinks station at Cold Hatton. Bottles and food must not be handed up near Market Drayton, Tern Hill or Shawbirch RABs due to traffic levels. There is a large area on the A442 northbound approach to Espley RAB where support vehicles may be parked off the road.

DRINKS & FOOD STATION

Bottles and food can be left at the HQ when signing on, which will then be available for riders to collect during the race at the drinks station which will be in the lay-by on the circuit, north of Cold Hatton on the A442. This is at approx. 22, 53, and 85 mile points, and will be open from 07:00. Please mark your bottles etc. with your race number including the bottles you start with. Leave your bottles for pick up during the event at sign on by 06:30 at the latest to ensure they can be taken to the drinks station in time. Empty bottles will be taken back to HQ after the event

You must enter the lay-by and be prepared to slow down or stop to receive your bottle. Take care when entering and leaving the lay-by. Entrance to the lay-by will be signed. If requiring a bottle, please shout your number to the marshal sited in advance of the lay-by at the DRINKS STATION AHEAD sign, who will then radio to the drinks team at the far end of the lay-by.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoter strongly advise that you wear A HARD SHELL HELMET that meets an internationally accepted safety standard.

It is a condition of entry that all riders under 18 years of age must wear an approved cycle helmet.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Thank you for entering the event and may I wish all riders a safe and enjoyable race.

Event Secretary

To whom all issues and correspondence should be addressed

Dave York,
134 Lythwood Road,
Bayston Hill,
Shrewsbury
SY3 0LW

Tel: 01743 874444;
Mobile 07962 103325,

email: dave.w.york@btinternet.com

Association Awards

Shropshire Cycling Clubs Association

- Fastest Time - Jack Parker 100 Mile Trophy + £20. Medals for 1st / 2nd / 3rd
- Fastest Woman – SCCA Women's 100 Mile Trophy + £20. Medals for 1st / 2nd / 3rd
- Fastest Vet on Standard - £20. Medals for 1st / 2nd / 3rd

West Cheshire Time Trialling Cycling Association

- Fastest time: The Jack Salt Bowl + £15
- Fastest Woman: Medal + £15
- Fastest Vet on Std: Medal + £15
- Fastest Jun/Juv: Medal + £15
- Fastest Team: Morrison Shield + 3 x £11

Manchester and District Time Trialling Association

- Fastest M&DTTA rider to receive the South Lancs RC trophy.
- Fastest M&DTTA Lady to receive an M&DTTA plaque.
- Fastest M&DTTA rider on handicap to receive the Lillian Heald trophy.
- Best M&DTTA veteran on standard to receive the PEA Carter trophy.
- Fastest Team of 3 M&DTTA riders to receive the South Lancs RC Shield.

MARSHALS AND OFFICIALS ARE KINDLY PROVIDED BY

Signing On / HQ Steward	Evolve
Course Marshals	Wrekingsport Mid Shropshire Wheelers
Starting Stewards	Revolutions Racing
Tern Hill RAB	Chester Road Club North Shropshire Wheelers Birkenhead NECC Anfield BC
Market Drayton RAB	Manchester and District TTA
Espley RAB	Nova Raiders CC
Shawbirch RAB	Wrekingsport CC Newport CC
Results Board	Chester RC
Results Transfer	Mid Shropshire Wheelers
Timekeeper and Assistant Timekeeper	Birkenhead Victoria CC North Shropshire Wheelers
Spotter	Port Sunlight Wheelers Mid Shropshire Wheelers
Catering	Wrexham Roads Cycling Club Mersey Roads CC Mid Shropshire Wheelers
Drinks Station	Mid Shropshire Wheelers Shropshire CCA Private Members

Order of Start

No.	Start Time	Name	Club	Gender	Category	Group	Vet. Std.	MDTTA Handicap
7	06:07	Dave Mellor	Mid Shropshire Wheelers	Male	Veteran	C	05:02:23	-
8	06:08	Andy Cutting	Coventry Triathletes	Male	Veteran	C	04:55:56	-
9	06:09	Sarah Mcnanev	Solihull CC	Female	Veteran	C	05:40:52	-
10	06:10	Alistair Stanway	Weaver Valley CC	Male	Veteran	A	04:54:00	23:20
11	06:11	Jill Wilkinson	Chester RC	Female	Veteran	A	05:24:31	-
12	06:12	Jason Walkley	Royal Air Force Cycling Association	Male	Senior	B	-	-
13	06:13	Nichola Rorke	Exeter Whs CC	Female	Veteran	C	05:28:56	-
14	06:14	Corinna O'connor	Coventry Road Club	Female	Veteran	C	05:25:39	-
15	06:15	Mark Jones	Wrexham RC	Male	Veteran	A	04:46:19	-
16	06:16	Philip Knupfer	Manchester Bicycle Club	Male	Veteran	B	04:43:02	45:40
17	06:17	David Gostelow	Wrekinsport CC	Male	Veteran	B	05:04:54	-
18	06:18	Gemma Webster	Harry Middleton CC	Female	Senior	C	-	-
19	06:19	Nigel Briggs	South Pennine RC	Male	Veteran	B	05:01:12	-
20	06:20	Ben Norbury	Congleton CC	Male	Senior	A	-	20:38
21	06:21	Simon Higgins	Liverpool Century RC	Male	Veteran	A	05:02:23	-
22	06:22	Lee Mckervey	Coventry Triathletes	Male	Veteran	C	04:45:16	-
23	06:23	Richard Tennant	Manchester Triathlon Club	Male	Senior	C	-	1:08:22
24	06:24	Adrian Derbyshire	Leek CC - Den Engel Belgian Bar	Male	Veteran	C	04:50:15	1:27:38
25	06:25	Chris Reynolds	Liverpool Century RC	Male	Senior	A	-	-
26	06:26	Philip Hill	Chester RC	Male	Veteran	B	04:57:56	-
27	06:27	Tim Rex	North Shropshire Wheelers	Male	Veteran	B	04:49:18	-
28	06:28	Robert Elliott	Wrekinsport CC	Male	Veteran	C	05:16:11	-
29	06:29	Helen Tudor	Oswestry Paragon CC	Female	Veteran	C	05:30:02	-
30	06:30	Alan Chorley	Seamons CC	Male	Veteran	A	04:51:12	15:09
31	06:31	Ian Nisbett	Hafren CC	Male	Veteran	A	04:49:18	-
32	06:32	Richard Sadlier	Wolverhampton Wheelers Cycling Club	Male	Veteran	B	04:50:15	-
33	06:33	Dean Dovey	Nova Raiders CC	Male	Veteran	B	04:56:55	-
34	06:34	David Barry	sportfagley	Male	Veteran	C	05:20:22	-
35	06:35	Kirk Vickers	Holohan Coaching Race Team	Male	Senior	A	-	-
36	06:36	Tim Marshall	Seamons CC	Male	Veteran	B	04:46:19	NQT
37	06:37	Stephen Sladin	Congleton CC	Male	Veteran	B	04:54:58	59:09
38	06:38	Andy Whitehead	Seamons CC	Male	Veteran	C	04:58:59	1:20:30
39	06:39	Stuart Liggins	EvoVelo Racing	Male	Senior	C	-	-
40	06:40	Matthew Davies	Holohan Coaching Race Team	Male	Senior	A	-	-
41	06:41	Mark Benson	Chester Triathlon Club	Male	Senior	A	-	-
42	06:42	Nicholas Long	Nova Raiders CC	Male	Senior	B	-	-
43	06:43	Ian Casson	Birkenhead Victoria CC	Male	Veteran	C	05:12:29	-
44	06:44	Paul Longley	Weaver Valley CC	Male	Senior	C	-	NQT
45	06:45	Daniel Mathers	Seamons CC	Male	Veteran	A	04:49:18	30:16
46	06:46	Arthur Winstanley	Liverpool Phoenix CC (Aintree)	Male	Veteran	B	05:07:41	-
47	06:47	Emily Martin	Weaver Valley CC	Female	Senior	B	-	NQT
48	06:48	Steven Hazeldine	Stone Wheelers CC	Male	Veteran	C	04:55:56	NQT
49	06:49	Penny Wilkin	Solihull CC	Female	Veteran	C	05:22:11	-
50	06:50	Adrian Hughes	Seamons CC	Male	Veteran	A	04:54:58	08:17
51	06:51	Phillip Warburton	Liverpool Phoenix CC (Aintree)	Male	Veteran	A	05:01:12	-
52	06:52	Ian Cook	Chester RC	Male	Senior	B	-	-
53	06:53	Gareth Brookes	North Shropshire Wheelers	Male	Veteran	C	04:54:00	-
54	06:54	Leigh Jones	Graham Weigh Racing-Deeside Olympic	Male	Senior	C	-	-
55	06:55	Colin Hayes	Liverpool Century RC	Male	Veteran	A	04:53:04	-
56	06:56	Stuart McCormick	Pirate juice cc	Male	Veteran	A	04:54:00	-
57	06:57	Roger Squire	Wrexham RC	Male	Veteran	B	04:53:04	-
58	06:58	Claire Davies	Hinckley Cycle Racing Club	Female	Veteran	C	05:19:41	-
59	06:59	Alistair Hatton	Wrekinsport CC	Male	Veteran	C	05:00:04	-
60	07:00	Adam Darby	Transition Race Team	Male	Senior	A	-	NQT
61	07:01	Sam Taylor	Weaver Valley CC	Male	Senior	A	-	NQT
62	07:02	Ronan O'cualain	Seamons CC	Male	Veteran	B	04:45:16	52:15
63	07:03	James Neale	North Shropshire Wheelers	Male	Senior	B	-	-
64	07:04	Andrew Lacon	Nova Raiders CC	Male	Senior	B	-	-
65	07:05	David Mcleavy	City RC (Hull)	Male	Senior	A	-	-
66	07:06	Mat Stephenson	Congleton CC	Male	Veteran	A	04:54:00	NQT
67	07:07	Jed Friskney	Sleaford Wheelers Cycling Club	Male	Senior	B	-	-
68	07:08	Deb Hutson-lumb	Nova Raiders CC	Female	Veteran	B	05:34:31	-
69	07:09	Ian Hawkins	Port Sunlight Wheelers	Male	Veteran	B	04:54:00	-
70	07:10	Victor Chetta	Mid Shropshire Wheelers	Male	Veteran	A	04:44:11	-